



Activity Calendar Hillsdale Estates – Adult Day Program

Below is a list of the dates, times, and activities for the month of April 2026.

Wednesday, April 1:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Indoor Gardening
1:30	Shurling

Thursday, April 2:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Sing-A-Long
1:30	Shurling

Friday, April 3:

Closed Good Friday

Monday, April 6:

Closed Easter Monday

Tuesday, April 7:

9:30	Coffee and Conversation
10:15	Exercise
11:00	True or False
1:30	Ping Pong Games

Wednesday, April 8:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Day of Pink
1:30 Bocce Ball

Thursday, April 9:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Trivia Time
1:30 Axe Throwing

Friday, April 10:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Words if Wisdom
1:30 Karaoke

Monday, April 13:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Star Craft
1:30 Name that Tune.

Tuesday, April 14:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Dice Games
1:30 Twister Toss

Wednesday, April 15:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Word Play
1:30 Calm Coloring

Thursday, April 16:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Family Feud
1:30 Volleyball

Friday, April 17:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Would you Rather
1:30 Darts

Monday, April 20:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Song Stars
1:30 Bingo

Tuesday, April 21:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Penny Ante
1:30 Mini Putt

Wednesday, April 22:

9:30 Coffee and Conversation

10:15 Exercise
11:00 Spin the Wheel
1:30 Darts

Thursday, April 23:

9:30 Coffee and Conversation
10:15 Exercise
11:00 What am I?
1:30 Ping Pong Game

Friday, April 24:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Spring Craft
1:30 Baking

Monday, April 27:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Spring Trivia
1:30 Music Program

Tuesday, April 28:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Hook it Up!
1:30 Java Music

Wednesday, April 29:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Courtyard Stroll

1:30 Fill in the blanks.

Thursday, April 30:

9:30 Coffee and Conversation

10:15 Exercise

11:00 Tabletop Games

1:30 Active Games