



December Activity Calendar Hillsdale Estates – Adult Day Program

Below is a list of the dates, times, and activities for the month of December 2025.

Monday, December 1:

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| 9:30 | Coffee and Conversation |
| 10:15 | Exercise |
| 11:00 | Banana Santas |
| 1:30 | Holiday Decorating / Carols |

Tuesday, December 2:

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|-------|-------------------------|
| 9:30 | Coffee and Conversation |
| 10:15 | Exercise |
| 11:00 | Carol Cut-Off |
| 1:30 | Festive Craft |

Wednesday, December 3:

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|-------|-------------------------|
| 9:30 | Coffee and Conversation |
| 10:15 | Exercise |
| 11:00 | Holiday - What and I? |
| 1:30 | Darts |

Thursday, December 4:

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|------|-------------------------|
| 9:30 | Coffee and Conversation |
|------|-------------------------|

10:15	Exercise
11:00	Travelogue
1:30	Cookie Decorating

Friday, December 5:

9:30	Coffee and Conversation
10:15	Fun and Fitness
11:00	Christmas Bingo
1:30	Watercolor Painting

Monday, December 8:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Guess the Christmas song
1:30	Christmas Jeopardy

Tuesday, December 9:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Holiday Match up
1:30	Dice Games

Wednesday, December 10:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Java Music Club
1:30	Reindeer Ring Toss

Thursday, December 11:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Ukelele Holiday Special
1:30	Festive Karaoke Party

Friday, December 12:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Active Games
1:30	Anything goes

Monday, December 15:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Holiday Sing a Long
1:30	Name that Holiday

Tuesday, December 16:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Let's make Ornaments
1:30	Snowball Toss

Wednesday, December 17:

9:30	Coffee and Conversation
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10:15	Exercise
11:00	Christmas Door Hangers
1:30	Hot Choco and Short Stories

Thursday, December 18:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Words of Christmas
1:30	Hockey!

Friday, December 19:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Baking
1:30	Christmas Fun!

Monday, December 22:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Christmas Craft
1:30	Bowling

Tuesday, December 23:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Sensory Spa
1:30	Christmas Card Making

Wednesday, December 24:

9:30 Coffee and Conversation

10:15 Exercise

11:00 Christmas Carols

1:30 Christmas Eve Party!

**ADP will be closed Thursday,
December 25, 2025**

For Christmas Holiday

**We will reopen on Monday, January 5,
2026**