



February Activity Calendar Hillsdale Estates – Adult Day Program

Below is a list of the dates, times, and activities for the month of February 2026.

Monday, Feb 2:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Java Music
1:30	Bean Bag Toss

Tuesday, February 3:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Tee Time
1:30	Axe Throwing

Wednesday, February 4:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Spin the Wheel
1:30	Short Stories

Thursday, February 5:

9:30	Coffee and Conversation
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10:15	Exercise
11:00	Hangman
1:30	Karaoke Fun

Friday, February 6:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Name that Tune.
1:30	Darts

Monday, February 9:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Name that Love Song
1:30	Bowling

Tuesday, February 10:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Word Games
1:30	Bocce Ball

Wednesday, February 11:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Bingo
1:30	Twister Baggo

Thursday, February 12:

9:30	Coffee and Conversation
10:15	Exercise
11:00	The Price is Right Game
1:30	Music Program

Friday, February 13:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Valentine's Day Cards
1:30	Creative Activity

Monday, February 16:

CLOSED FOR FAMILY DAY

Tuesday, February 17:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Heart Art
1:30	Sing-A-Long

Wednesday, February 18:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Occupation Game
1:30	Java Music Club

Thursday, February 19:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Pong Toss
1:30	Shuffleboard

Friday, December 20:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Baking
1:30	Active Game

Monday, February 23:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Craft
1:30	Hockey

Tuesday, February 24:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Name 10
1:30	Bean Bag Toss

Wednesday, February 25:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Basketball

1:30 Reminiscing

Thursday, February 26:

9:30 Coffee and Conversation

10:15 Exercise

11:00 Trivia

1:30 Mini Putt

Friday, February 27:

9:30 Coffee and Conversation

10:15 Exercise

11:00 Ring Toss

1:30 Crossword Corner