



February Activity Calendar Hillsdale Estates – Adult Day Program

Below is a list of the dates, times, and activities for the month of February 2026.

Monday, Feb 2:

- 9:30 Coffee and Conversation
- 10:15 Exercise
- 11:00 Java Music
- 1:30 Bean Bag Toss

Tuesday, February 3:

- 9:30 Coffee and Conversation
- 10:15 Exercise
- 11:00 Tee Time
- 1:30 Axe Throwing

Wednesday, February 4:

- 9:30 Coffee and Conversation
- 10:15 Exercise
- 11:00 Spin the Wheel
- 1:30 Short Stories

Thursday, February 5:

- 9:30 Coffee and Conversation

10:15 Exercise
11:00 Hangman
1:30 Karaoke Fun

Friday, February 6:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Name that Tune.
1:30 Darts

Monday, February 9:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Name that Love Song
1:30 Bowling

Tuesday, February 10:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Word Games
1:30 Bocce Ball

Wednesday, February 11:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Bingo
1:30 Twister Baggo

Thursday, February 12:

9:30 Coffee and Conversation
10:15 Exercise
11:00 The Price is Right Game
1:30 Music Program

Friday, February 13:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Valentine's Day Cards
1:30 Creative Activity

Monday, February 16:**CLOSED FOR FAMILY DAY**

Tuesday, February 17:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Heart Art
1:30 Sing-A-Long

Wednesday, February 18:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Occupation Game
1:30 Java Music Club

Thursday, February 19:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Pong Toss
1:30 Shuffleboard

Friday, December 20:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Baking
1:30 Active Game

Monday, February 23:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Craft
1:30 Hockey

Tuesday, February 24:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Name 10
1:30 Bean Bag Toss

Wednesday, February 25:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Basketball

1:30 Reminiscing

Thursday, February 26:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Trivia
1:30 Mini Putt

Friday, February 27:

9:30 Coffee and Conversation
10:15 Exercise
11:00 Ring Toss
1:30 Crossword Corner