



**June Activity Calendar**  
**Hillsdale Estates – Adult Day Program**

Below is a list of the dates, times, and activities for the month of June 2026.

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Monday, June 1:

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|-------|-------------------------|
| 9:30  | Coffee and Conversation |
| 10:15 | Exercise                |
| 11:00 | Name that Tune          |
| 1:30  | Fireworks Art           |

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Tuesday, June 2:

- |       |                         |
|-------|-------------------------|
| 9:30  | Coffee and Conversation |
| 10:15 | Exercise                |
| 11:00 | Dice Games              |
| 1:30  | Sundae Game             |

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Wednesday, June 3:

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|-------|-------------------------|
| 9:30  | Coffee and Conversation |
| 10:15 | Exercise                |
| 11:00 | Family Feud             |
| 1:30  | Bingo                   |

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Thursday, June 4:

9:30            Coffee and Conversation  
10:15            Exercise  
11:00            Name Five  
1:30             Mini Putt

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Friday, June 5:

9:30            Coffee and Conversation  
10:15            Fun and Fitness  
11:00            Sing A Long  
1:30             Bocce Ball

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Monday, June 8:

9:30            Coffee and Conversation  
10:15            Exercise  
11:00            True or False  
1:30             Let's Paint

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Tuesday, June 9:

9:30            Coffee and Conversation  
10:15            Exercise  
11:00            Surfboard Art  
1:30             Outdoor Fun

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Wednesday, June 10:

9:30            Coffee and Conversation  
10:15            Exercise  
11:00            Crossword Corner

1:30 Shake Loose a Memory

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Thursday, June 11:

9:30 Coffee and Conversation

10:15 Exercise

11:00 Do you Hear what I Hear

1:30 Java Music on the Patio

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Friday, June 12:

9:30 Coffee and Conversation

10:15 Exercise

11:00 What's the Sound

1:30 Music Program

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Monday, June 15:

9:30 Coffee and Conversation

10:15 Exercise

11:00 Trivia

1:30 Baking

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Tuesday, June 16:

9:30 Coffee and Conversation

10:15 Exercise

11:00 Penny Toss

1:30 Calm Colouring

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Wednesday, June 17:

9:30 Coffee and Conversation

10:15 Exercise

11:00 Word Games  
1:30 Fun on the Patio

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Thursday, June 18:

9:30 Coffee and Conversation  
10:15 Exercise  
11:00 Horse Racing  
1:30 Hockey

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Friday, June 19:

9:30 Coffee and Conversation  
10:15 Exercise  
11:00 Hershey's Holiday!  
1:30 Karaoke

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Monday, June 22:

9:30 Coffee and Conversation  
10:15 Exercise  
11:00 Darts  
1:30 Colouring club

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Tuesday, June 23:

9:30 Coffee and Conversation  
10:15 Exercise  
11:00 Armchair Travel  
1:30 Basketball

Wednesday, June 24:

9:30 Coffee and Conversation  
10:15 Exercise  
11:00 Summer Word Games  
1:30 Gardening

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Thursday, June 25:

9:30 Coffee and Conversation  
10:15 Exercise  
11:00 Card Bingo  
1:30 Axe Throwing

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Friday, June 24:

9:30 Coffee and Conversation  
10:15 Exercise  
11:00 Anything Goes  
1:30 Fishing games

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Monday, June 29:

9:30 Coffee and Conversation  
10:15 Exercise  
11:00 Bocce Ball  
1:30 Patio Time

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Tuesday, June 30:

9:30 Coffee and Conversation  
10:15 Exercise  
11:00 Finish That Lyric  
1:30 Ladder Ball