March 2026 Activity Calendar
Hillsdale Estates – Adult Day Program

Below is a list of the dates, times, and activities for the month of March 2026.

Monday, March 2:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Tabletop Games
1:30	Axe Throwing

Tuesday, March 3:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Shamrock Toss
1:30	True or False

Wednesday, March 4:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Java Music
1:30	Family Feud

Thursday, March 5:

9:30	Coffee and Conversation

10:15	Exercise
11:00	Mini Putt
1:30	Horse Races

Friday, March 6:

9:30	Coffee and Conversation
10:15	Fun and Fitness
11:00	St. Paddy's Hat Craft
1:30	Calm Colouring

Monday, March 9:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Colour me Green
1:30	Bingo

Tuesday, March 10:

9:30	Coffee and Conversation
10:15	Exercise
11:00	What am I?
1:30	Darts

Wednesday, March 11:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Celtic Knots
1:30	Ring Toss

Thursday, March 12:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Dice Games
1:30	St. Patrick's Bingo

Friday, March 13:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Name that Love Song
1:30	Tee Toss

Monday, March 16:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Would you rather
1:30	Sing A Long

Tuesday, March 17:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Luck of the Irish
1:30	March Madness Basketball

Wednesday, March 18:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Bingo Club

1:30 Hockey

Thursday, March 19:

9:30 Coffee and Conversation

10:15 Exercise

11:00 Ping Pong Toss

1:30 Shurling

Friday, March 20:

9:30 Coffee and Conversation

10:15 Exercise

11:00 March Quiz

1:30 Music Fun

Monday, March 23:

9:30 Coffee and Conversation

10:15 Exercise

11:00 The Price is Right

1:30 Indoor Gardening

Tuesday, March 24:

9:30 Coffee and Conversation

10:15 Exercise

11:00 Spin the Wheel

1:30 Noodle Fun

Wednesday, March 25:

9:30 Coffee and Conversation

10:15 Exercise

11:00	Colouring and Trivia
1:30	Active Games

Thursday, March 26:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Hangman
1:30	Twister Baggo

Friday, March 27:

9:30	Coffee and Conversation
10:15	Exercise
11:00	What's in the Box?
1:30	Readers Nook

Monday, March 30:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Bean Bag Toss
1:30	Word Games

Tuesday, March 31:

9:30	Coffee and Conversation
10:15	Exercise
11:00	Dice Games
1:30	Lets Bake