



### November Activity Calendar Hillsdale Estates – Adult Day Program

Below is a list of the dates, times, and activities for the month of November 2025.

#### Monday, November 3:

9:30 Coffee and Conversation

10:15 Exercise

11:00 Let's Bake

1:30 Hockey

#### Tuesday, November 4:

9:30 Coffee and Conversation

10:15 Exercise

11:00 What am I

1:30 History of Candy

#### Wednesday, November 5:

9:30 Coffee and Conversation

10:15 Exercise

11:00 Poppy Wreaths

1:30 Remembrance Day Word Games

Thursday, November 6: 9:30 Coffee and Conversation 10:15 Exercise 11:00 Poppy Craft **Bowling** 1:30 Friday, November 7: 9:30 Coffee and Conversation 10:15 Fun and Fitness **Happy Friday Cones** 11:00 Reader's Nook 1:30 Monday, November 10: 9:30 Coffee and Conversation 10:15 Exercise **Anything Goes** 11:00 1:30 **Creativity Time** Tuesday, November 11: **Closed for Remembrance Day** 

# Wednesday, November 12:

9:30 Coffee and Conversation

10:15 Exercise

11:00 Pin Toss

1:30 Mocktail Day

Thursday, November 13:

9:30 Coffee and Conversation

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10:15

11:00

Exercise

You be the Judge.

10:15	Exercise	
11:00	Karaoke	
1:30	Painting	
Friday, November 14:		
9:30	Coffee and Conversation	
10:15	Exercise	
11:00	Claude Monet	
1:30	Ladder Ball	
Monday, November 17:		
9:30	Coffee and Conversation	
10:15	Exercise	
11:00	Bingo	
1:30	Volleyball	
Tuesday, November 18:		
9:30	Coffee and Conversation	
10:15	Exercise	
11:00	Finish the Lyrics	
1:30	Ring Toss	
Wednesday, November 19:		
9:30	Coffee and Conversation	

1:30	Bocce Ball
Thursday, November 20:	
9:30	Coffee and Conversation
10:15	Exercise
11:00	Turkey Toss
1:30	Let's Bake
Friday, November 21:	
9:30	Coffee and Conversation
10:15	Exercise
11:00	Sing A Song
1:30	Hello World Day
Monday, November 24:	
9:30	Coffee and Conversation
10:15	Exercise
11:00	Name that Sound
1:30	Beanbag Toss
Tuesday, November 25:	
9:30	Coffee and Conversation
10:15	Exercise
11:00	Dice Game
1:30	Crafter's Corner
Wednesday, November 26:	
9:30	Coffee and Conversation
10:15	Exercise

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11:00 Philosophy Day

1:30 Let's Paint

Thursday, November 27:

9:30 Coffee and Conversation

10:15 Exercise

11:00 Riddle me this

1:30 Active Games

Friday, November 28:

9:30 Coffee and Conversation

10:15 Exercise

11:00 Pictionary

1:30 Twister Toss