



## April 2025 Activity Calendar Hillsdale Estates – Adult Day Program

Below is a list of the dates, times, and activities for the month of April 2025.

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Tuesday April 1:

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|--------------|-------------------------|
| <b>9:30</b>  | Coffee and Conversation |
| <b>10:15</b> | Exercise                |
| <b>11:00</b> | Card Bingo              |
| <b>1:30</b>  | April Fools' Charades   |

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Wednesday April 2:

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|--------------|-----------------------------------|
| <b>9:30</b>  | Coffee and Conversation           |
| <b>10:15</b> | Exercise                          |
| <b>11:00</b> | Easter Art                        |
| <b>1:30</b>  | International Children's Book Day |

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Thursday April 3:

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|--------------|-------------------------|
| <b>9:30</b>  | Coffee and Conversation |
| <b>10:15</b> | Exercise                |
| <b>11:00</b> | Bunny Flower Pot        |
| <b>1:30</b>  | Twister Toss            |

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Friday April 4:

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|-------------|-------------------------|
| <b>9:30</b> | Coffee and Conversation |
|-------------|-------------------------|

**10:15**      Exercise  
**11:00**      Calm Colouring  
**1:30**        Fishing Game

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Monday April 7:

**9:30**        Coffee and Conversation  
**10:15**      Exercise  
**11:00**      Cooking Quiz  
**1:30**        Axe Throwing

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Tuesday April 8:

**9:30**        Coffee and Conversation  
**10:15**      Fun and Fitness  
**11:00**      Darts  
**1:30**        Penny Games

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Wednesday April 9:

**9:30**        Coffee and Conversation  
**10:15**      Exercise  
**11:00**      Social Studies  
**1:30**        Mini Putt

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Thursday April 10:

**9:30**        Coffee and Conversation  
**10:15**      Exercise  
**11:00**      Word Games  
**1:30**        Carpet Bowling

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Friday April 11:

**9:30**        Coffee and Conversation

**10:15**      Exercise  
**11:00**      Charades  
**1:30**      Bingo

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Monday April 14:

**9:30**      Coffee and Conversation  
**10:15**      Exercise  
**11:00**      All about Easter  
**1:30**      Easter Hunt

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Tuesday April 15:

**9:30**      Coffee and Conversation  
**10:15**      Exercise  
**11:00**      Dyeing Easter Eggs  
**1:30**      Bean Bag Toss

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Wednesday April 16:

**9:30**      Coffee and Conversation  
**10:15**      Exercise  
**11:00**      Who Am I?  
**1:30**      Axe Throwing

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Thursday April 17:

**9:30**      Coffee and Conversation  
**10:15**      Exercise  
**11:00**      Mustang Day  
**1:30**      Let's Paint

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Friday April 18:

Program Closed for Good Friday

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Monday April 21:

Program closed for Easter Monday

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Tuesday April 22:

**9:30** Coffee and Conversation

**10:15** Exercise

**11:00** Finish the Line

**1:30** Earth Day Word Games

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Wednesday April 23:

**9:30** Coffee and Conversation

**10:15** Exercise

**11:00** Making Banana Muffins

**1:30** Trivia

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Thursday April 24:

**9:30** Coffee and Conversation

**10:15** Exercise

**11:00** Gardening

**1:30** Sing-A-Long

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Friday April 25:

**9:30** Coffee and Conversation

**10:15** Exercise

**11:00** A to Z Dog Breeds

**1:30** Active Games

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Monday April 28:

**9:30** Coffee and Conversation

**10:15** Exercise

- 11:00** Ring Toss
- 1:30** Baking Animal Crackers

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Tuesday April 29

- 9:30** Coffee and Conversation
- 10:15** Exercise
- 11:00** Word Games
- 1:30** Dice Games

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Wednesday April 30:

- 9:30** Coffee and Conversation
- 10:15** Exercise
- 11:00** Easy Does It Trivia
- 1:30** High Tea Social



Please note: this schedule is subject to change. If you have any questions, or if you require this information in an alternate format, please contact Michelle VanGenechten, Adult Day Program Supervisor at 905-579-1777 ext. 6318.