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| A close up of a sign  Description automatically generated |  | You are invited to attend  SOUND ADVICE  ON HEARING HEALTH |



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| **Duration** | 4 weeks |  | These sessions will increase your  knowledge on hearing heath and communication. The program is designed to meet your need for peer support and social interaction. The program goal is to improve communication, increase confidence and decrease isolation. The series is for people aged 55 plus who have suspected or confirmed hearing loss.  Topics include:   * Hearing Health * Communication Strategies and Coping with Difficult Listening Situations * Social Isolation * Communication Devices and Hearing Aids * And much more… |
| **Cost** | Free |
|  | Small groups via Zoom |
| **Time** | Morning and afternoon sessions available  Please contact us for details |
| **Registration** | **Anna McIntosh**  1-866-518-0000 x 4080  amcintosh@chs.ca |
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