



Long-Term Care & Services for Seniors Division

Fairview Lodge Newsletter

Issue 3, September 2021



Supported by

Ontario

Central East Local Health
Integration Network

Mission

Strong People...Caring Communities...Our Future!

Vision

Provide a community that embraces excellence in person-centred care

We Value

Innovation, Collaboration, Accountability, Respect, Excellence

LTC and Services for Seniors Division news

Director's message

We are officially in the fourth wave of this COVID-19 pandemic. The Delta variant is highly transmissible, so we need to be vigilant. Sadly, we have a COVID-19 outbreak at Hillsdale Estates. We have been working closely with Public Health to manage these cases and to prevent further spread of the virus within the home. Cases are continuing to rise in the community, especially in the unvaccinated and partially vaccinated cohorts. Being fully vaccinated is still the best way to stay safe, so if you have not already done so, please get vaccinated to protect yourself and others.

Over the past number of months, our homes have safely opened to new admissions. I would like to welcome new residents and family members. We are hoping to welcome volunteers, both previous volunteers and new recruits, to our homes very soon. Volunteers are very important members of our teams. We have missed them and look forward to seeing them again.

Once again, I want to thank the residents, families, and staff for your understanding during this difficult time and encourage you to reach out to a member of our management team if you have any questions or concerns about any policies, decisions or actions that we are taking in response to COVID-19 in our homes.

~ Laura MacDermaid, Director, Long-Term Care and Services for Seniors



Quality



Accreditation

Long-Term Care and Services for Seniors will go through Accreditation in the spring of 2022. Accreditation is a process to review our organizational processes and compare them against sets of national standards. These standards are in the areas of Leadership, Long-Term Care Management, Infection Control, and Medication Management. The Accreditation process helps to identify if we are meeting the national standards and if there are any gaps, as well as action plans to help meet those standards.

Part of Accreditation is getting feedback from staff, residents, and families. We have just finished administering the staff Work Life Pulse and Patient Safety Culture surveys. All feedback has been sent to Accreditation Canada and we will receive a report highlighting areas where we excel and areas where improvement is needed.

Resident and Family Satisfaction Survey

This fall, we will administer the annual Resident and Family Satisfaction Survey. We have included questions regarding management and support during the pandemic again this year. Residents who are capable will be given the survey and will receive assistance to complete it if needed. Families who are identified as the “first contact” will be mailed the survey and asked to respond online or using a postage paid envelope. Watch for more details on the Resident and Family Survey this fall.



Community

Orange Shirt Day

Since 2013, September 30th has been commemorated as Orange Shirt Day. This year will mark September 30 as the first National Day for Truth and Reconciliation, a new public holiday under the Canadian Labour Code. The holiday is to honour First Nations, Inuit and Métis survivors, their families and communities, and to ensure that public commemoration of the history and the legacy of residential schools remains a vital component of the reconciliation process. We encourage all our employees and their families to embrace the significance of the day so we can ensure the tragic history and ongoing legacy of residential schools is never forgotten.

Infection Prevention and Control

COVID-19 vaccination

As of September 1, Durham Region has administered more than 947,000 doses of COVID-19 vaccines through community, hospital, pop-up and mobile clinics across Durham region. 75 per cent of individuals 12 years of age and older, and almost 76 per cent of adults 18 years of age and older, are now fully vaccinated with two doses. This is a tremendous achievement and Durham should be very proud as we continue to work on getting all residents vaccinated. More information on vaccination rates in Durham region is available at www.durham.ca/vaccinetracker.

COVID-19 vaccine update

The homes are working closely with Public Health to organize a third dose for residents.



Fairview Lodge news

Residents' Council

Residents' Council meetings

Residents' Council has been meeting monthly in small groups but were on hold for July and August. Meetings are also available through Microsoft Teams with the assistance of Recreation staff.

The next meeting is September 23 in the Great Room. We hope to welcome residents back to the Great Room soon.

Volunteer Corner

Welcome back!

We are in the process of welcoming back our wonderful volunteers. We have received 58 new applications since the pandemic began.

The market will be opening with limited hours and restricted number of shoppers at one time.

Recreation and Therapy

Events

Many special events have been held over the past several months. Residents enjoyed A Fancy Waffle Social, Outdoor Entertainment with Leigh Kemp, Hawaiian Luau, and McDonald's and Tim Horton's pop-up cart visits.



During the month of June, we learned how to make Hungarian crepes. Pictured here is Veronika and Lauren. It was a learning curve, but everyone agreed they were tasty.

Father's Day celebrations

We celebrated all the amazing men in our lives on Father's Day. All male residents in the home received a hat and you can find many residents sporting the hat when they go outside. Pictured below is Peter G. and Bev J. proudly wearing their hats.



Pop up carts

Lynn B. enjoyed some French fries and a Pepsi at the McDonald's cart, while another resident on Whitby Junction enjoyed a hot cup of coffee from Tim Horton's.



New state of the art technology iN2L at Fairview Lodge

Marigold Lane has been using the iN2L at great lengths to engage residents in technology-based programming. Below are three pictures featuring residents on Marigold Lane utilizing the new technology.



Upcoming events (depending on COVID restrictions and guidelines)

- The Recreation department is busy planning events for the upcoming months.
- Carnival Day, McDonald's pop-up cart, live in-house entertainment, fall leaf tour, Thanksgiving celebration, and all things we are grateful for, to name a few.
- September 20 is Federal Election day. Polling stations will be on site for residents to cast their vote. More details to follow.
- On September 30, we will recognize National Day for Truth and Reconciliation. Commemorated as Orange Shirt Day, National Day for Truth and Reconciliation seeks to honour First Nations, Inuit and Métis survivors, their families and communities, and to ensure that public commemoration of the legacy of residential schools remains a vital component of the reconciliation process.

Nursing

Welcome

Please join us in welcoming Georgia Chamberlain, Infection Prevention and Control (IPAC) Practitioner at Fairview Lodge. Georgia comes to us with a wealth of expertise and an extensive background in public health, and will be a great addition to the team. We also welcome Nicole Round as Coordinator, Administrative Services, who will be assisting the home while Hillary Quantrill is on her maternity leave.

DementiAbility Methods Certification

Maheen Ashfaq, RN on the Behavioural Specialized Unit (BSU), and Allison Corby, Social Worker of the BSU, completed the DementiAbility Methods Certification. They initially completed the two-day DementiAbility Methods Training course and recently completed the more in-depth certification course. The course is a multi-disciplinary design that includes the support of the home, the various team members, as well as the families of the residents. The goal is to support an environment that is as home-like as possible and provides activities and tasks that are meaningful.

It is a person-centred approach that focuses on “exposing abilities” and maintaining the independence, dignity and joy for the person living with dementia.

Maheen will be continuing in the Trainer Program Certification in the fall so that in-house training for staff will be available. The funding for the training was provided by The Central East Local Health Integration Network (CELHIN)/Home and Community Care Support Services (HCCSS). Many of the staff in the BSU at Fairview Lodge have already completed the two-day workshop, and the home will continue to support the interventions that are endorsed by DementiAbility Methods.

For more information on the DementiAbility Methods, please visit the website:

<https://dementiability.com/>.

Medication management

Maricar Dulay, Registered Nurse, has been working over the past few months on medication management, medication safety, and launching our new streamlined 24-hour report process.

Infection Prevention and Control

COVID-19

With the rise of COVID-19 cases in the community this month, Fairview Lodge has had an increase in staff identified as high-risk contacts of cases, as well as symptomatic staff.

One staff was confirmed to have COVID-19 and, as a result, the residents on the floor where the staff provided direct care had been put on contact and droplet precautions.

At this time, no residents have tested positive for COVID-19 and there has been no transmission of the virus identified within Fairview Lodge.

We will continue to be vigilant as we enter the fourth wave of this pandemic and remind everyone that our best protection and prevention measure is to be fully vaccinated.

Environmental Services

Cleaning

Daily infection control cleaning by the Environmental Services team continues into the evening hours at Fairview. The evening shift cleaning is done by hand and with the Clorox 360° machine to cover as much area as possible, with a high focus on the frequently touched surfaces included in current directives. Our enhanced infection control cleaning is a proactive approach. Focused time is spent on both shifts for those Resident Home Areas that have precaution measures in place.



Food Services

Welcome

Please join us in welcoming Hetal Patel who has joined the Food Services management team as the part-time Food Service Supervisor. Hetal comes with a wealth of experience and knowledge in long-term care. We are very excited to have her join our leadership team.

Menus

The new summer/fall menu started July 26 and features a variety of new menu items.

Resident Satisfaction Survey

During the month of August, the Food Services department conducted a Resident Satisfaction Survey. Approximately 50 residents had an opportunity to participate and provide their input. Stephanie, the nutrition student who worked with us this summer, met with the residents, one to one, to complete the survey; this provided an opportunity to discuss the questions in the survey and provide clarity. Hopefully this exercise will assist the residents when it comes time to do the annual survey in the fall. The data received has been summarized, opportunities have been identified, and an action plan will be developed.

Corn roast

The home held its annual corn roast. All residents and staff enjoyed the freshly picked corn that was barbecued and had delicious toppings. More than 400 pieces of corn were consumed before the day was over. Thanks to everyone who helped make it a great team building success!



Administration

We are now 18 months into the global pandemic and COVID is still very prevalent in Ontario. Under Opening Ontario guidelines, we have seen the return of hairdressing, increase in number of visitors, and are slowly opening to group activities. With that being said, we must

still remember that we are now in the fourth wave and need to continue following Public Health guidelines. Your best protection is to get vaccinated.

If you are registered as an Essential Caregiver at Fairview Lodge, please remember you are to complete education each month on how to don and doff personal protective equipment (PPE), and you must follow all guidelines when visiting residents.

I would like to thank Joanne Butkevics for taking on the role of Family Council Chair. We will be sharing information as to upcoming events soon. Thank you, Joanne.

Fairview staff continue to remain strong and are working hard to ensure your family member receives the best care possible. Thank you for your continued support and compliance.

The Regional Municipality of Durham
Social Services Department
Long-Term Care and Services for Seniors Division

Fairview Lodge
632 Dundas Street West
Whitby, Ontario L1N 5S3
905-668-5851

durham.ca

 www.twitter.com/regionofdurham

 www.youtube.com/regionofdurham

 www.facebook.com/regionofdurham

