Child care and early learning updates e-newsletter

November 16, 2022

Welcome to The Regional Municipality of Durham's child care and early learning updates e-newsletter. These e-newsletters provide licensed child care operators in Durham Region with updated information related to child care.

This edition includes the following topics:

- Ontario Autisim Program (OAP) Entry to School Update: Integrated Service Model
- Mental Health Resource Available for RECEs

Ontario Autisim Program (OAP) Entry to School Update: Integrated Service Model

- Launching in winter 2023, the Ontario Autism Program – Durham (OAP-D) partnership will be piloting an integrated service model for the Entry to School (ETS) program. Up to 20 families may choose to access the 'Getting Ready for School' component of the Entry to School program within their licenced child care.
- For more information about Entry to School, and the integrated service model, please see the handout "What is the Ontario Autism Program - Durham (OAP-D) - Entry to School (ETS) Integrated Service Model?" or visit: grandviewkids.ca/entry-to-school

Mental Health Resource Available for RECEs

- Supporting the mental health of RECEs is critical to enabling high quality practice and ensuring the sustainability of the profession. The College of Early Childhood Educaors has partnered with People Connect to provide convenient access to wellness resources, at no cost to RECEs. All RECEs have access to the service and are encouraged to take advantage of the resources available.
- People Connect is an online service that provides members with access to the following confidential services:
  - An online mental health self-assessment tool, to understand symptoms of mental health conditions;
  - Virtual mental health therapy, to connect RECEs with a therapist of their choice; and
  - Information and a resource library, for credible mental health information, tips and tools.
- To learn more and access this mental health resource, visit People Connect and create an online account, log-in, and get started.