



Durham Behaviour Management Services

Fall 2022 parent workshops

To register for workshops

Email behaviourmanagement@durham.ca or call 905-668-4113 ext. 2829.

Calming The Volcano

What is self-regulation, and does it apply to preschool-aged children?

Friday, September 16, 2022

10:00 to 11:30 a.m.

Presented by Jolena Oldfield and Samantha Francis

In this 90-minute virtual workshop you will learn what self-regulation looks like in children aged 3-5 years, and how as caregivers you can support the development of it. By looking at self-regulation as a skill that needs to be taught, caregivers will learn how to support children in managing their big thoughts and emotions. Caregivers will learn what it means to be a “co-regulator” and the role of co-regulation in their child’s self-regulation development.

The session will be run using Microsoft Teams. Participants will be sent the link for the session via email along with handouts.

Understanding Your Child’s Behaviour

Wednesday, September 28, 2022

6:30 to 9:00 p.m.

Presented by Samantha Muir and Heidi Perryman

In this workshop you will learn what things influence behaviour, the impact of prevention strategies to decrease challenging behaviours, and when behaviours require intervention.

The session will be run using Microsoft Teams. Participants will be sent the link for the session via email along with handouts.

Compliance & Reinforcement

Friday's, October 21, 28 and November 4, 2022

9:30 to noon.

Location: 605 Rossland Road E, Whitby – Room 1A

Main floor – Regional Municipality of Durham building

Presented by Bonita Zulauf and Yasmin Safir

In this information session we will discuss the topic of non-compliance.

Are you feeling frustrated that your child is not listening to you? Do you feel like you say the same things over and over? Does your child refuse to do things that you ask or just ignore your requests?

By the end of the three sessions participants will have a better understanding of:

- Why your child may not be doing what you ask
- How to communicate the right way
- How to assist with stopping a favourite activity
- What to do if your child has difficulty with communication

You will receive lots of tips and tricks and every caregiver will receive a make and take reinforcement strategy.

Please note: This is an in-person workshops with limited capacity.

EarlyON Child and Family Centre

Do you have a child who is six years of age or younger?

Join other parents and children at EarlyON's virtual programming to laugh, learn and grow. Durham Behaviour Management Services is collaborating with Durham EarlyON to offer learning opportunities, behaviour tips and Q&A sessions to parents.

To view the program calendar, visit durham.ca/EarlyON.

If you have questions or having difficulty registering for a program email earlyon.durham@ymcagta.org for assistance.
