



GROW



Continuous Professional Learning in Durham



Welcome to the winter 2023 edition of GROW!

Dates to remember

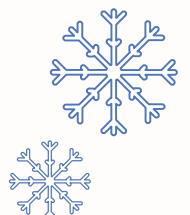
January 4 - World Braille Day
January 25 - Bell Let's Talk
January 27 - Family Literacy Day
February - Black History Month
February 14 - Missing Women Memorial March
February 20 - Family Day
February 22 - Pink Shirt Day
March 8 - International Women's Day
March 13 to 17 - March Break
March 17 - St. Patrick's Day

Email updates

To be notified when a new edition of GROW is available, please click the "Receive email updates" button at the bottom of the Children's Services website. You will receive an email notification to let you know a new GROW is available.

In this edition:

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Welcome to winter 2023 GROW!

Welcome to the winter 2023 edition of GROW. We want to start by acknowledging the unique challenges that childcare centres and educators continue to face during these unprecedented times. That being said, a lot of efforts continue to be made to recognize and appreciate the amazing work and dedication of child care professionals and the positive difference they make within our community. Our website continues to be updated with educator testimonials, notes of recognition for child care educators, and additional information that can be found at [Early Learning and Child Care - Region of Durham](#).



Durham's Early Learning Team is committed to supporting educators in better serving families by providing high quality early learning environments. You can find more information about this process on page 10. Through connecting with educators during community visits and professional learning opportunities, you have shared more about your everyday experiences and needs. Within this edition of GROW, educators are invited to participate in a workshop facilitated by Durham Family Services around recognizing the impacts of continued change and how to manage stress.

We had hoped to offer the home child care conference last fall, but this opportunity has been moved to the spring. Keep your eye out for more information coming soon! We will also be offering an all-day Supervisors' Networking Session this March based on the feedback we received around wanting more information and opportunities regarding leadership. Additional information about this event can be found on page 9.



We had a great response to our in-person training opportunities and are excited for the four make-and-takes that EarlyON will be offering this winter in partnership with the Professional Education and Training Committee. If you haven't had a chance to attend one of EarlyON's workshops, we highly encourage you to check them out and register for one of their amazing upcoming opportunities this winter!

Lastly, with Pink Shirt Day approaching on February 22, we are excited to share that Durham Behaviour Management Services and Resources for Exceptional Children and Youth - Durham Region have partnered together to offer a two-part training series called Stand Up to Bullying. To find more information and to register for this event, please see pages 8 and 15.



Diversity, Equity and Inclusion (DEI) initiatives in Children's Services

February is Black History Month

What is Black History Month?

Black History Month takes place each year throughout the month of February. The month is used to celebrate the endeavors and accomplishments of Black people throughout history and to acknowledge the challenges and struggles Black people have had to overcome in all periods of history.



Why is it important to talk to children about Black History Month?

Children of all ages notice physical differences like skin colour or hair colour. Many studies have suggested that infants tend to have a preference towards same-race faces and are biased towards those of different races. It is because of these innate factors that it is so important to start teaching children about race early. Children are never too young to learn about the beauty of humanity and, as educators, it is important that we start to have meaningful conversations about diversity, equity and inclusion. This includes activities and learning in early learning programs to support the acquisition of social behaviours like empathy, tolerance and acceptance, and noticing and celebrating differences.

Using an anti-biased curriculum that incorporates diversity and inclusion through music, toys, play materials and books helps children to see themselves and their families in their learning environment. It is also important to offer meaningful learning experiences that support conversations about differences and acceptance to help shape the children's perspectives and open their eyes to the world around them. Giving children the opportunity to know a world outside of their family core can create meaning and value in helping them build connections with peers and adults who are different from them. Cultural diversity needs to be celebrated!

How to incorporate Black History into your learning environment:

- Talk about the accomplishments of Black people in all areas of life such science, technology, music, entertainment, activism, medicine and more
- Include play areas and set ups that acknowledge Black people and their contributions to society
- Incorporate toys and materials that are created by Black businesses, authors and inventors
- Talk about allyship, what an ally is and how to be an ally to peers who are different from us and have different lived experiences
- Incorporate diverse play materials into your program in meaningful ways throughout the program environment
- Include materials and stories that explore Black experiences in your program. Remove the focus from being a month of recognition, and instead focus on authentically and intentionally including these materials to support learning year-round

To learn more about Black History Month and educating children, visit the [SheKnows](#) blog.





Diversity, Equity and Inclusion (DEI) initiatives in Children's Services

Connect, Reset and Refresh!

Conversations will be lead by: Millie Forbes, Quality and Contract Compliance Advisor and
Dahlia O'Neill, Directly Operated Childcare Supervisor

Join us for an open conversation about Black experiences of working and living in Durham Region. Share your wisdom and lessons learned not only during Black History Month, but all year round. All educators are welcome to join their Black peers in open and honest conversations about the lived experiences of being Black. Highlight moments of joy, acknowledgement, validation and support. Share times of sadness and being dismissed. The presenters will provide wellness tips to help with self care and emotional well-being.

To register for a session, please select a box below:

Black Experiences: An Open Conversation In-person

Monday, February 6, 2023
7 to 8:30 p.m.

Black Experiences: An Open Conversation Virtual

Monday, February 27, 2023
7 to 8:30 p.m.

The updated Positive Space sticker and poster



This is a
POSITIVE SPACE
that welcomes and
supports **everyone**

Positive Space



This is a place where human rights
are respected and where
Two Spirit, lesbian, gay, bisexual,
trans and queer people,
and their friends and allies, are
welcomed and supported.

www.RainbowHealthOntario.ca



Positive Space is a reflection of a commitment to welcome and include all members of the community and to create a safe space that is free of discrimination and harassment based on gender and sexual identity. The presence of the updated Positive Space posters and stickers raises awareness of differences that exist in our community and sensitizes others to both subtle and overt forms of discrimination towards not only the 2SLGBTQ+ community but also their allies.

If you notice a positive space poster or sticker posted, it is a sign that people in that space are supportive of 2SLGBTQ+ people and are allies.

Milieu Inclusif est le reflet d'un engagement à accueillir et à inclure tous les membres de la communauté et à créer un espace sûr, exempt de discrimination et de harcèlement fondés sur le genre et l'identité sexuelle. La présence d'affiches et d'autocollants mis à jour sur le milieu inclusif permet de prendre conscience des différences qui existent dans notre communauté et sensibilise les autres aux formes subtiles et ouvertes des discriminations rencontre non seulement par la communauté 2SLGBTQ+ mais aussi par leurs alliés.

Si vous remarquez une affiche ou un autocollant milieu inclusif, c'est le signe que les personnes de cet espace soutiennent les personnes 2SLGBTQ+ et sont des alliés.

To purchase an English copy of the updated sticker or poster, visit:
Rainbow Health Ontario

MILIEU INCLUSIF



Ici, nous respectons les droits de la
personne et nous appuyons les personnes
lesbiennes, gaies, homosexuelles,
bisexuelles, trans, bispirituelles,
allosexuelles et queer, ainsi que leurs
ami-e-s et leurs allié-e-s. Bienvenue!

www.RainbowHealthOntario.ca



Pour acheter une copie
de l'affiche mise à jour
en française, visitez :
Rainbow Health Ontario

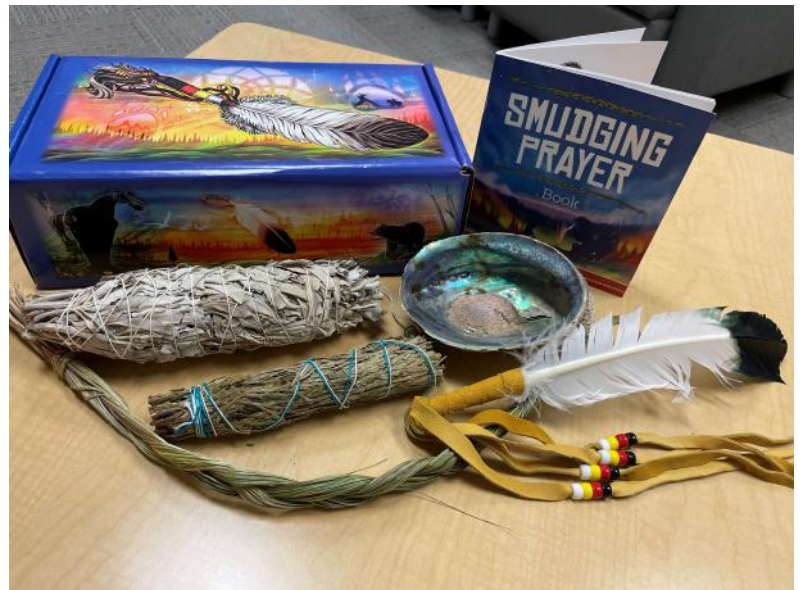


Strengthening our bonds - Indigenous early years learning

On the path of reconciliation

As the journey towards reconciliation at the Region of Durham continues, and we strive to fulfill the Truth and Reconciliation Commission's (TRC) calls to action, it is important that we continue to build relationships and engage in ongoing education.

Education on cultural traditional practices becomes increasingly important as we turn our minds to winter solstice and the time of rest and reflection, focusing inwards on our most powerful selves, rejuvenating our spirit, cleansing the mind, and thinking of ways to give back.



Smudging is a traditional practice common to many Indigenous peoples and involves a sacred smoke created from burning medicines or sacred plants. It is also a practice of many other cultures the world over. In Canada, many - but not all - Indigenous peoples smudge and they may have different beliefs, plants and protocols associated with the practice.

The general practice of smudging is traditionally a ceremony for purifying or cleansing the spirit or space of negative thoughts and feelings. Typically, this would be done in a gathering circle and led by an Indigenous person, an Elder, healer or knowledge keeper. This practice is also done for personal use and as needed for healing and cleansing.

The four main elements involved in a smudge

- The container, traditionally a shell such as an abalone shell, sometimes a sacred stone or piece of driftwood representing water
- The four sacred plants - cedar, sage, sweetgrass and tobacco (gifts from mother earth) - representing earth
- Lighting the sacred plants representing the element of fire
- The smoke medicine produced from the fire representing the element of air

The process of smudging is to place your medicines or plants in your container and ignite (preferably with a wooden match). The flames are then gently blown or waved out with an eagle feather, the smoke is then wafted over the person being smudged. The person being smudged pulls the smoke to them and, while gently inhaling, wafts the smoke over themselves to cleanse the mind, heart and body. The ashes are then returned to mother earth by disposing of them outside on bare soil. It is believed any negative thoughts and feelings have been absorbed by the ashes.

Smudging ceremonies advance the TRC's call to action #22

We call upon those who can impact change within the healthcare system to recognize the value of Aboriginal healing practices and use them in the treatment of aboriginal patients in collaboration with Healers and elders where requested.



Upcoming events

Indigenous Awareness and Introduction to Kits

This information session is the prerequisite to borrowing one of the Indigenous sharing kits and will provide participants with an overview of Indigenous history. Participants will be given the opportunity to ask questions and build on their knowledge of Indigenous culture.

The second part of this session will include an introduction to the Indigenous sharing kits available through Lakewoods' Early Learning Child Care Centre Resource Library in Oshawa. These seven kits include:

- The Seven Grandfather Teachings Kit
- Creative Connections Kit
- Community Connections Kit
- Connecting with Traditions Kit
- Everyday Play Connections Kit
- Nature Connections Kit
- Literacy Connections Kit

To register for the session, please select the box below:

Indigenous Awareness and Introduction to Kits
Tuesday, January 24, 2023
7 to 9 p.m.



On the Journey - Session 2: Connecting with Community

Presented by: Debbie Ellis, Indigenous Training Specialist

This On The Journey - Session 2: Connecting with Community will highlight the Community Connections Indigenous sharing kit and its contents. We will begin by connecting with our spirit with the help of the Métis wellness wheel. Then we will have a discussion on food as medicine, traditional foods and their uses in Indigenous culture, and we will make and share some traditional food. We ask that participants e-mail a favourite recipe to debbie.ellis@durham.ca to build a small recipe book for each participant to take home.

This workshop will be offered **in person!**



On the Journey - Session 2: Connecting with Community
Thursday, February 16, 2023
7 to 8:30 p.m.

The 7 Grandfather Teachings

To register for this workshop, please select the date below:

Date: Monday, March 6, 2023
Time: 7 to 8:30 p.m.

Presented by: Debbie Ellis, Indigenous Training Specialist

The 7 Grandfather Teachings is one of the first traditional teachings taught to children by their Elders in many Indigenous cultures. You will be introduced to the 7 guiding principles and the significant animals that carry these gifts. Indigenous peoples use this teaching to "live a good life" and apply this throughout their lives in all aspects. You will have a chance to do some personal reflection on how this could be adapted and shared with the children in your Early Years programs.





Upcoming events

Child Development Practitioner (CDP) Apprenticeship Information Session



To register for this workshop, please select the date below:

Date: Tuesday, January 17, 2023

Time: 7:30 to 8:30 p.m.

Offered by: Ministry of Labour, Immigration, Training and Skills Development, Durham College and Region of Durham

Discover what the Child Development Practitioner Apprenticeship program has to offer as a pathway to becoming an RECE. This information session will provide educators with a better understanding of the process and requirements of becoming a Child Development Practitioner Apprentice. Educators will be provided with a complete overview of the apprenticeship process, from registration through to bridging to Early Childhood Educator (ECE) and registration with the College of ECE. We will hear first-hand accounts from a recent graduate, a current apprentice enrolled in the program, employers, and support agencies. There will also be an opportunity to ask questions.



Ontario



**DURHAM
COLLEGE**
SUCCESS MATTERS



Recognizing impacts of continued change and managing stress

To register for this workshop, please select the date below:

Date: Wednesday, February 8, 2023

Time: 7 to 8:30 p.m.

Presented by: Family Services, Region of Durham

This 1.5-hour workshop will review the impacts of living and working through many changes through the pandemic, including how we navigate impacts from uncertainty, worry, loss and regular fluctuating protocols and practices. Stress management, compassion fatigue and burnout will be discussed and the importance of self-care and self-compassion will be highlighted, along with other coping strategies.



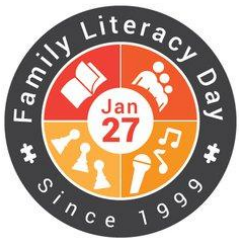


Upcoming events



Bell Let's Talk: January 25, 2023

In September 2010, Bell Let's Talk began a new conversation about Canada's mental health. At that time, most people were not talking about mental illness. But the numbers spoke volumes about the urgent need for action. Millions of Canadians, including leading personalities, engaged in an open discussion about mental illness, offering new ideas and hope for those who struggle, with numbers growing every year. Small Actions - Big Impact. On Bell Let's Talk Day 2023, Canadians and people around the world will join in to help create positive change for people living with mental health issues. Find out ways you can join in the conversation on the [Bell Let's Talk](#) website.



Family Literacy Day: January 27, 2023

Family Literacy Day takes place every January 27 to raise awareness about the importance of reading and engaging in other literacy-related activities. This year's theme is: Celebrate Your Heritage. Taking time every day to read or do a learning activity with children is crucial to a child's development, improving a child's literacy skills dramatically, and can help a parent or educator improve their skills as well. To learn more about this campaign and to access free resources, visit the [ABC Life Literacy](#) website.



Pink Shirt Day: February 22, 2023

National Child Day has been celebrated across Canada since 1993 to commemorate the United Nations' adoption of two documents about children's rights: the United Nations Declaration of the Rights of the Child (November 20, 1959) and the United Nations Convention on the Rights of the Child (November 20, 1989). Find ways to celebrate National Child Day on the [National Child Day](#) website.

Durham Behaviour Management Services and Resources for Exceptional Children and Youth - Durham Region have partnered together to create a two-part training series called Stand Up to Bullying. Check out the workshop section for more information about this event and to register.



OAP Entry to School Update: Integrated Service Model

Launching in winter 2023, the Ontario Autism Program – Durham partnership will be piloting an Integrated Service Model for the Entry to School program. Up to 20 families may choose to access the 'Getting Ready for School' component of the Entry to School program within their licensed child care. For more information about Entry to School, and the Integrated Service Model, please visit the [Grandview website](#).





Supervisors' network



Leading with Care, Confidence, and Compassion

To register for this event, please select the workshop date:

Date: Thursday, March 9, 2023
Time: 9:30 a.m. to 2:30 p.m.

Presented by: Credence & Co.

This one-day workshop is an opportunity for Leaders within the Supervisor's Network to learn and explore together the essence of good leadership. The morning will include thought provoking topics related to a growth mindset, leadership, and emotional intelligence. The afternoon will focus on integrating the learnings from the morning through self-assessment and integration activities. The meeting will include time for small group reflection, providing a space for participants to find inspiration for themselves and the teams they work with.

Coming this spring!



Home Child Care
Conference - Saturday
April 29, 2023

Early Childhood Educator
and Child Care Worker
Appreciation Event - date to
be determined

Keep your eye out for the spring 2023 edition of the GROW newsletter for more details about these upcoming events!



QA corner

The Regional Municipality of Durham, Social Services Department, Children's Services Division is dedicated to embracing quality in child care and early learning. Durham Region's Operating Criteria (DROC) is designed to provide valuable insight regarding your child care program. Children's Services Division staff work in collaboration with child care operators and educators to ensure the information gathered is utilized to reflect on pedagogy and practice, set program goals and ensure continuous improvement.

It is expected that all programs with a Purchase of Service Agreement meet expectations of the individual room DROC AQI (Assessment for Quality Improvement) assessments. Meeting the requirements indicate programs that reflect quality are being offered. This document is structured to promote self-assessment and learning that support the goal of enhancing pedagogy and practice. This will provide even higher levels of quality care to the children and families in Durham.

The Early Learning Team is designed to support child care operators and community partners to maintain quality programs in Durham. The goal is to establish continuous learning and improvement plans that ensure our system continuously adapts to the individual needs of the children and families we serve.

The Quality and Contract Compliance Advisor (QA) conducts unannounced quality assessment visits on all licensed child care centres with a Purchase of Service Agreement. The QA administers the DROC AQI measures on all program rooms. The QA will ask questions of the program staff when appropriate. The intent is to get clarification in instances where sub-items cannot be confirmed through observations. Throughout the process, the QA will highlight strengths and identify opportunities for improvement. Once the assessment has been completed, the QA will upload it to the portal for it to be shared with all educators.

This is a time for reflecting on strengths that the program is offering and focus on areas of growth, as well as set short and long-term goals. Educators are able to recognize any budget requirements that may be needed to obtain specific goals.

The DROC has been divided into two sections for each age group. They include the actual Assessment for Quality Improvement and the guidelines. Within the guidelines, educators can review the intent of the sub-section, how this section inspires pedagogy and reflective questions to build their own capacity. The guidelines also include examples relevant to the sub-section, which may include suggestions for materials and equipment. When referring to the individual sections, start at the top, left-hand side and move across each column to ensure that quality indicators are met.



Your Quality Assurance Advisors can be contacted via the following emails:



Katie Large
Katie.Large@durham.ca



Melissa Young
Melissa.Young@durham.ca



Millie Forbes
Millie.Forbes@durham.ca



Patti Rowland
Patti.Rowland@durham.ca



Durham Region Early Learning Home Child Care Initiative

Now that the colder weather has arrived in full force, here are some considerations to still have fun outside with the children attending your program. There is no bad weather; play is unlimited when you are dressed appropriately. Things to consider within your community that may help you make wonderful memories with the children in care. There is a free resource guide accessible on the Durham Region website called "[Outdoor Learning Everyday!](#)", which includes ideas and reflections on how to adapt your program for outdoor programming..



Are you aware that the EarlyON programs offer outdoor programming for children and their families to enhance learning? The [EarlyON calendars](#) include many free opportunities for children and their parents/caregivers and providers to participate in outdoor experiences throughout Durham Region.



Have you ever considered the option to build stewardship for the outdoors with the children in your care? Research shows that many children spend less time outdoors and more time in front of screens. Consider building the passion and opportunities for the next generation to experience. [Pathways to Stewardship](#), written by Jacob Rodenburg, states that they “recognized children need to be provided with the right opportunities, tools, and experiences to know, love, respect, and protect the very life systems that sustain and nurture us all.”



Virtual trainings:

Introduction to Licensed Home Child Care in Durham

Tuesday, January 31, 2023
7 to 8:30 p.m.

Home Child Care Quality Measures: Exploring the possibilities using the assessment

Wednesday, March 22, 2023
7 to 8:30 p.m.

EarlyON programs in Durham Region

EarlyON Child and Family Centres provide opportunities for children from birth to six years of age to participate in play and inquiry-based programs, and support parents and caregivers in their roles.

These centres offer safe and welcoming environments open to all families across Durham Region, with qualified professionals and quality programs. Families and caregivers will be able to find support, make personal connections and access a network of resources.



Throughout the winter months, there are EarlyON programs that occur outdoors. Learning outdoors in the winter months can encourage children and their families to explore and experience differences in seasons, observe different lifecycles, explore animal habitats and learn about how plants and wildlife adapt to the cold and snow.

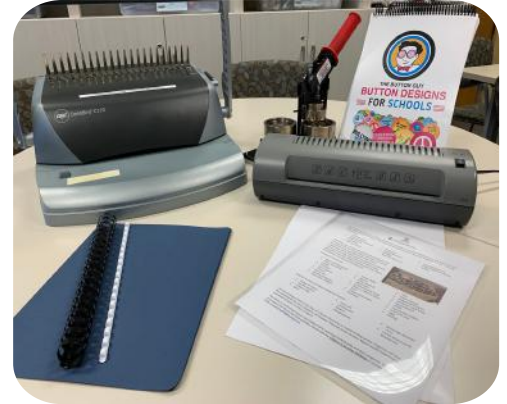
For a list of programs happening in your area, check out the [EarlyON calendar](#).



The Professional Resource Library for Durham's early learning and child care community

January to March 2023

The Resource Library has the following free resources available to the early learning community: large and small button maker, large and small heated laminator, cold laminators, die-cutter, binding machine, reading materials/resources, training materials, DVDs, etc. We also have a variety of inquiry kits available for loan to support programming. For more information about the kits we have available, please visit the [Resource Library Flyer](#).



The Resource Library is open to the public by appointment only between 9 a.m. and 7 p.m. on Wednesdays. We will continue to follow any public health guidelines in relation to COVID-19. Appointments are to be made with a minimum of one business day's notice. Please contact Shannon Soul by email at Shannon.Soul@durham.ca to make an appointment.



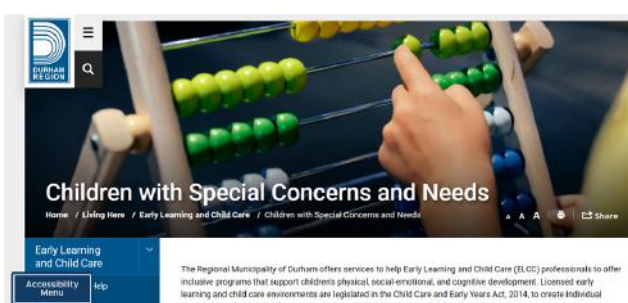
Additional resources



Professional learning resources

Educators can find additional professional learning resources under the "Other Resources" drop down on our website by selecting the picture (left) or link below.

[Resources for Child Care Professionals - Region of Durham](#)



Special needs resourcing

Please select the picture (left) or link below to find more information about the Special Needs Resourcing services and agency partners that are available.

[Children with Special Concerns and Needs - Region of Durham](#)



Formation en français

Préparer la transition à l'école

Pour inscrire à cet événement, veuillez sélectionner la date de l'atelier :

Date: mardi 28 mars 2023

Temps: 19 h à 20 h 30

Présentateur: Ressources pour les enfants et les jeunes exceptionnels

La transition entre les environnements d'apprentissage peut être à la fois difficile et excitante. Il existe de nombreuses façons pour les environnements d'apprentissage précoce et les gardes d'enfants de soutenir ce processus.

Dans cet atelier, nous fournirons des ressources et passerons en revue les points suivants :

- Explorer les façons d'aider à préparer les enfants à la transition
- Comment soutenir le développement social et émotionnel des enfants
- Conseils pour encourager le développement des compétence en matière d'autonomie des enfants
- Comment aider les parents à faire la transition
- Comment et quand s'inscrire pour l'école
- Ce que les parents peuvent faire à la maison pour préparer leurs enfants
- Établissement de relations avec l'école
- Considérations relatives à l'entrée à l'école des enfants ayant des besoins particuliers

Opportunités de formation autoguidée

Réflexion sur la programmation - critères préscolaires
(préenregistrés)

Soyons créatifs – le processus de création artistique
(préenregistré)



Formation autoguidée sur « Comment apprend-on ? »

L'implémentation de Comment apprend-on?
appartenance et bien-être (préenregistrés)

L'implémentation de Comment apprend-on?
engagement et expression (préenregistrés)



L'équipe d'apprentissage précoce travaille actuellement à répondre aux divers besoins de formation de nos garderies francophones. Au cours de la nouvelle année, nous allons lancer des sessions DROC autoguidée pour chaque groupe d'âge ! En attendant, si vous avez des questions concernant le DROC ou si vous avez besoin de ressources supplémentaires pour soutenir votre développement professionnel, veuillez contacter Melissa Young par courriel à Melissa.Young@durham.ca.



Pre-recorded workshops - winter 2023

For more details on these pre-recorded workshops and to register, select a box below to be redirected to Visme or Eventbrite registration page.

Relationships:

Sessions related to relationships between adults, children, families and colleagues.

Introduction to Behaviour Management Prerequisite Learning Certificate

Offered by: Durham Behaviour Management Services

Standing Up to Bullying (Pre-recorded)

Offered by: Durham Behaviour Management Services

Respect in the Early Learning Workplace (Self-Guided)

Offered by: The Early Learning Training Specialist Team, Region of Durham

Inclusion:

Sessions related to understanding developmental disorders, social and cultural diversity, and supporting mental health.

Preventing the Storm - Online Learning

Offered by: Durham Behaviour Management Services

Don't Bite Me - Understanding Biting in Child Care

Offered by: Durham Behaviour Management Services

The Power of Reinforcement

Offered by: Durham Behaviour Management Services

They are my size.... what now? School-age Engagement

Offered by: Durham Behaviour Management Services

Sleep

Offered by: Durham Behaviour Management Services

Health and safety:

Sessions related to regulations concerning safety and healthy programming.

Frequent Flyers - Elopement Behaviour in Child Care

Offered by: Durham Behaviour Management Services

Stay Calm and Make a Plan (Pre-recorded)

Offered by: Durham Behaviour Management Services

Pedagogy:

Sessions related to professional practice, knowledge and competence for the early learning and child care sector.

Reflecting on Programming - Infant Criteria

Offered by: The Early Learning Training Specialist Team, Region of Durham

Reflecting on Programming - Toddler Criteria

Offered by: The Early Learning Training Specialist Team, Region of Durham

Reflecting on Programming - Preschool Criteria

Offered by: The Early Learning Training Specialist Team, Region of Durham

Reflecting on Programming - Before and After School Criteria

Offered by: The Early Learning Training Specialist Team, Region of Durham

Let's Get Creative - Process Art

Offered by: The Early Learning Training Specialist Team, Region of Durham

Let's Get Physical

Offered by: The Early Learning Training Specialist Team, Region of Durham



Virtual workshops - winter 2023

How to register for a workshop?

The dashed boxes highlight the workshop theme. Select the box displaying the workshop title to be redirected to the Eventbrite registration link. A link to join the event will be emailed to you at least 24 hours in advance of the meeting's start time.

For more details on these workshops and to register, select a box to be redirected to the Eventbrite registration page.

Introduction to Durham Region Operating Criteria (DROC): Before and After

Offered by: Early Learning Quality Assurance
Advisors, Durham Region
Thursday, January 19, 2023
10 to 11:30 a.m.

Anxiety 2.0: Supporting Children with Separation Anxiety (SAD)

Offered by: Resources for Exceptional Children
and Youth - Durham
Thursday, January 19, 2023
7 to 8:30 p.m.

Introduction to Durham Region Operating Criteria (DROC): Infant

Offered by: Early Learning Quality Assurance
Advisors, Durham Region
Wednesday, January 25, 2023
7 to 8:30 p.m.

Behavior Talk - School Age

Offered by: Durham Behaviour Management
Services
Thursday, January 26, 2023
7 to 8:30 p.m.

Kognito - At-Risk for the Early Childhood Educator

Offered by: Durham Behaviour Management
Services
Monday, January 30, 2023
6:30 to 9 p.m.

Stand Up to Bullying - two-part series

Offered by: Durham Behaviour Management
Services and Resources for Exceptional
Children and Youth - Durham
February 2 and 7, 2023
7 to 9 p.m.

Help Yourself: Promoting Self-Help Skills in Young Children

Offered by: Grandview Kids
Saturday, February 4, 2023
10 to 11:30 p.m.

Receptive Language - The Hidden Delay

Offered by: Grandview Kids
Monday, February 13, 2023
6:30 to 8 p.m.

Community of Practice - DEI Representation in Programs

Offered by: Early Learning Training Specialists,
Region of Durham
Thursday, February 23, 2023
7 to 8:30 p.m.

Dual Language Learners

Offered by: Grandview Kids
Tuesday, February 28, 2023
6:30 to 8 p.m.



Virtual workshops - winter 2023

For more details on these workshops and to register, select a box to be redirected to the Eventbrite registration page.

Introduction to Durham Region Operating Criteria (DROC): Toddler

Offered by: Early Learning Quality Assurance Advisors, Durham Region
Wednesday, March 1, 2023
7 to 8:30 p.m.

Preparing for the Transition to School

Offered by: Resources for Exceptional Children and Youth
Tuesday, March 7, 2023
7 to 8:30 p.m.

Introduction to Durham Region Operating Criteria (DROC): Preschool

Offered by: Early Learning Quality Assurance Advisors, Durham Region
Wednesday, March 8, 2023
7 to 8:30 p.m.

Kognito - At-Risk for the Early Childhood Educator

Offered by: Durham Behaviour Management Services
Monday, March 20, 2023
6:30 to 9 p.m.

Other virtual workshops

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- Indigenous Awareness and Introduction to Kits
- The 7 Grandfather Teachings

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- Child Development Practitioner (CDP) Apprenticeship Information Session
- Recognizing Impacts of Continued Change and Managing Stress

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- Introduction to Licensed Home Child Care in Durham
- Home Child Care Quality Measures: Exploring the possibilities using the assessment
- Home Child Care Quality Measures: Exploring the possibilities using the assessment

Surveys and certificates

The Children's Services Division is piloting the use of a QR code for professional development feedback surveys and certificates. A QR code with a direct link to the feedback survey and event certificate will be shared with all participants at the end of training events, allowing attendees to print or save certificates directly to their personal devices. For any difficulties accessing the survey or certificate, please contact Nazish Kramat at nazish.kramat@durham.ca within one week following the event to request an electronic certificate.

Community of Practice - Outdoor Play

Offered by: Early Learning Training Specialists, Durham Region
Thursday, March 9, 2023
7 to 8 p.m.

Preventing the Storm

Offered by: Durham Behaviour Management Services
Thursday, March 23, 2023
7 to 9 p.m.

Clearly Speaking

Offered by: Grandview Kids
Wednesday, March 29, 2023
6:30 to 8 p.m.

Frequent Flyers Elopement Behaviour in Child Care

Offered by: Durham Behaviour Management Services
Thursday, March 30, 2023
12:30 to 2 p.m.



In-person workshops - winter 2023

For more details on these workshops and to register, select a box to be redirected to the Eventbrite registration page.

Cancellations

If you are unable to attend a session you registered for, it is important you cancel your ticket. You may cancel the session by selecting the 'My Tickets' link located in the upper right corner in your confirmation email.

Literacy Make and Take

Offered by: EarlyON
Wednesday, January 18, 2023
7 to 8:30 p.m.

DROC - Aha Moments!

Offered by: Early Learning Quality Assurance
Advisors, Durham Region
Wednesday, February 1, 2023
7 to 8:30 p.m.

How Does Learning Happen? Belonging and Well-being

Offered by: Early Learning Training
Specialists, Region of Durham
Thursday, February 9, 2023
7 to 8:30 p.m.

Wellness Make and Take

Offered by: EarlyON
Wednesday, February 15, 2023
7 to 8:30 p.m.

How Does Learning Happen? Engagement and Expression

Offered by: Early Learning Training Specialists,
Region of Durham
Tuesday, February 21, 2023
7 to 8:30 p.m.

Music Outside the Box Make and Take

Offered by: EarlyON
Thursday, March 2, 2023
7 to 8:30 p.m.

Puppet Pizzazz Make and Take

Offered By: EarlyON
Thursday, March 30, 2023
6:30 to 8 p.m.

Other in-person workshops

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- Black Experiences: An Open Conversation

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- On the Journey - Session 2: Connecting with Community

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- Supervisors' Network: Leading with Care, Confidence and Compassion





News and information



Mental Health Resource Centre now available for RECEs

To nurture and care for others, RECEs need the opportunity to nurture and care for themselves. The College of Early Childhood Educators is proud to offer our members an innovative program, addressing some of the challenges we've heard from them, and prioritizing the mental health and wellness needs of all RECEs.

Supporting the mental health of our members is critical to enabling high quality practice and ensuring the sustainability of the profession, and that is why the College has partnered with People Connect to provide convenient access to wellness resources, at no cost to RECEs.

People Connect is an online service that provides members with access to the following confidential services:

- An online mental health self-assessment tool, to understand symptoms of mental health conditions;
- Virtual mental health therapy, to connect RECEs with a therapist of their choice; and
- Information and a resource library, for credible mental health information, tips and tools.

How can RECEs access the service?

RECEs can simply create an account, log-in and get started.

Our partnership with People Connect offers convenient access to wellness resources, making it easier for everyone to access self-care and mental health support.

Who can access the service?

ALL RECEs have access to the service and are encouraged to take advantage of the resources People Connect has to offer.

**No personal information such as who accesses the service, is shared with the College or employers.*



Centre de ressources en santé mentale maintenant accessible aux EPEI

Pour pouvoir prendre soin des autres, les EPEI doivent pouvoir prendre soin d'eux-mêmes. L'Ordre des éducatrices et des éducateurs de la petite enfance est heureux d'offrir à ses membres ce programme novateur, qui répond à certains des défis signalés et qui accorde la priorité aux besoins de tous les EPEI en matière de santé mentale et de bien-être.

Pour favoriser une pratique de haute qualité et pérenniser la profession, soutenir la santé mentale de nos membres est essentiel. C'est pourquoi l'Ordre s'est associé à People vous connecte pour offrir aux EPEI un accès pratique et sans frais à des ressources sur le bien-être.

People vous connecte est un service en ligne qui offre aux membres un accès aux services confidentiels suivants :

- Un outil d'autoévaluation en ligne de la santé mentale pour comprendre les symptômes et troubles de santé mentale;
- Une thérapie mentale virtuelle, pour que les EPEI puissent communiquer avec un thérapeute de leur choix;
- Un ensemble d'informations, de ressources fiables et de conseils sur la santé mentale.

Comment les EPEI peuvent-ils accéder à ce service?

Il suffit aux EPEI de créer un compte, de s'y connecter et de démarrer.

Notre partenariat avec People vous connecte offre un accès pratique à des ressources sur le bien-être, à des autosoins et à un soutien en santé mentale.

Qui peut accéder à ce service?

TOUS LES EPEI ont accès à ce service et sont encouragés à profiter des ressources offertes par People vous connecte.

** Aucune information personnelle, telle que l'identité des personnes recourant à ce service, n'est communiquée à l'Ordre ou aux employeurs.*



News and information

Early Childhood Education and Leadership Grant Programs

Do you qualify for the Ontario Early Childhood Educator Qualification Upgrade Program?



Educators with six months of past or current experience working within a formal early learning program, licensed child care, and unlicensed home child care environment may qualify for **financial support** for tuition, travel and associated costs to complete an Early Childhood Educator (ECE) diploma (full-time and part-time) at an approved Ontario College for Applied Arts and Technology.

Individuals who identify as Francophone, First Nation, Métis or Inuit are exempt from the required six months work experience if they have a minimum of one day of employment within an eligible agency.

Visit [ECE Grants – Education Grant](#) for more information regarding eligibility, qualifying programs and how to apply.

Did you know Ontario offers employed Registered Early Childhood Educators (RECE) leadership education grants in eligible fields of study?

Currently employed Registered Early Childhood Educators with at least two years of experience may qualify for leadership education grants to cover part-time tuition costs in an eligible field of study at a recognized Ontario College for Applied Arts and Technology.

Individuals who identify as Francophone, First Nation, Métis or Inuit are exempt from the required two years of experience if currently employed with an eligible agency.

Eligible fields of study include:

- Pedagogical leadership in Early Childhood Education
- Early Childhood Education administration and management
- Facilities management
- Financial management, responsibility and child care governance
- Human resources, employment standards and labour relations

Visit [ECE Grants – Leadership Grant](#) for more information regarding eligibility qualifying programs and how to apply.

Are you interested in getting an Early Childhood Education (ECE) diploma?

**Become a
Registered
Early Childhood
Educator**

For more information visit:
durham.ca/BecomeAnRECE

Visit our new page at durham.ca/BecomeAnRECE to learn more about pathways to education, available financial assistance and academic programs.



For more information, please contact:

Children's Services Division: durham.ca/ChildrensServices

Janine Keith: Janine.Keith@durham.ca or 905-668-4113 ext. 2755

If this information is required in an accessible format, please contact 1-800-387-0642