



## Durham Behaviour Management Services

### Winter 2023 parent workshops

To register for workshops

Email [behaviourmanagement@durham.ca](mailto:behaviourmanagement@durham.ca) or call 905-668-4113 ext. 2829.

- In-person sessions will be held at 605 Rossland Road E, Whitby (corner of Rossland Road E and Garden Street)
  - Virtual or Hybrid sessions will be run using Microsoft Teams. Participants will be sent the link to join the sessions via email along with handouts.
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### Understanding Your Child's Behaviour

Tuesday, February 7, 2023

6:30 to 8:30 pm

Location: 605 Rossland Road E, Whitby - Room 1B  
Main floor – Regional Municipality of Durham building  
Presented by Ashley Brock and Seetha Abeyesekera

In this workshop you will learn what factors influence behaviour, the impact of prevention strategies to decrease challenging behaviours, and when behaviours require intervention. You will learn how your behaviour as caregivers has direct influence over your child's behaviour.

Note: This session will be run in-person at 605 Rossland Road E and online using Microsoft Teams.

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### Why Won't You Play With Me?

Wednesday, March 8, 2023

6:30 to 9:00 pm

Location: 605 Rossland Road E, Whitby – Room 1A  
Main floor – Regional Municipality of Durham building  
Presented by Leanne McGillen and Jennifer Watts

Do you have a child who does not play with toys, their peers or just seems happy being on their own?

We are excited to offer this talk on engaging the hard to engage child. This session will focus on strategies you can use to build relationships with your child to increase their play and social skills, as well as ways to maximize engagement and minimize challenging behaviours. There will be opportunity for questions and discussion throughout the session. Feel free to submit your questions in advance.

Questions can be submitted in advance to [behaviourmanagement@durham.ca](mailto:behaviourmanagement@durham.ca) before March 6, 2023.

Note: This session will be run in-person at 605 Rossland Road E and online using Microsoft Teams.

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### Behaviour Talk

Tuesday, April 18, 2023

6:30 to 8:30 pm

Presented by: Samantha Muir and Brittany Brown-Garcia

Do you wish you had someone to ask all those behaviour questions to? Well now is your chance. We will have two behaviour consultants available to share information on why behaviour happens and some simple tips on how to manage challenging behaviours. This talk will also allow for caregivers to ask any questions they would like about development and challenging behaviour.

You can submit questions in advance to [behaviourmanagement@durham.ca](mailto:behaviourmanagement@durham.ca) by April 14, 2023.

Note: This session will be run using Microsoft Teams. Participants will be sent the link to join the session via email along with handouts.

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### EarlyON Child and Family Centre

Do you have a child who is six years of age or younger?

Join other parents and children at EarlyON's virtual programming to laugh, learn and grow. Durham Behaviour Management Services is collaborating with Durham EarlyON to offer learning opportunities, behaviour tips and Q&A sessions to parents.

To view the program calendar, visit [durham.ca/EarlyON](https://durham.ca/EarlyON).

If you have questions or having difficulty registering for a program email [earlyon.durham@ymcagta.org](mailto:earlyon.durham@ymcagta.org) for assistance.

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