



Long-Term Care & Services for Seniors Division

# Fairview Lodge Newsletter

## Issue 2, June 2022



---

### Mission

Strong People...Caring Communities...Our Future!

### Vision

Provide a community that embraces excellence in person-centred care

### We Value

Innovation, Collaboration, Accountability, Respect, Excellence

---

## LTC and Services for Seniors Division news

---



### Director's message

June marks Seniors Month in Ontario. The theme for 2022 is Stay Active, Connected, and Safe. This is a time to recognize our seniors and the contributions they make to our communities. Across our homes, various activities will take place to celebrate and show our seniors how much they are appreciated.

The division and all four homes have created business plans for 2022. Our focus is to reconnect with residents and families. The management of this pandemic required numerous rounds of resident isolation, the curtailing of many social activities and restrictions on visiting. We are striving to strengthen the sense of community in our homes and are finding ways to re-engage. I encourage you to get involved in Resident and Family Council to the extent you are interested and able to do so. If you or anyone you know is interested in volunteering their time, please contact the Coordinator of Recreation and Therapy for more information.

We continue to welcome new residents, staff and volunteers to our homes, and if you have any concerns or suggestions, please speak to a member of the management team.

I wish you a healthy and happy summer, and I hope you enjoy this edition of the newsletter.

~Laura MacDermaid, Director, Long-Term Care and Services for Seniors.



If you require this information in an accessible format, please contact Jan Bright, Administrative Assistant at 905-668-5851 ext. 5933.

---

## Quality

### Accreditation

thumbs up and down sign  
In January of 2023, our long-term care homes and Adult Day Programs will be surveyed by Accreditation Canada. Accreditation is a process where we review our processes and compare them to national standards in leadership, long-term care, community support services, infection control and medication management. This helps us to identify areas where we are doing well and areas where improvement is needed. In the next year, we will be working with staffing groups, Resident and Family Councils, and community partners to review areas of the standards, and provide input and feedback on our current o



sses.

### New regulations in long-term care

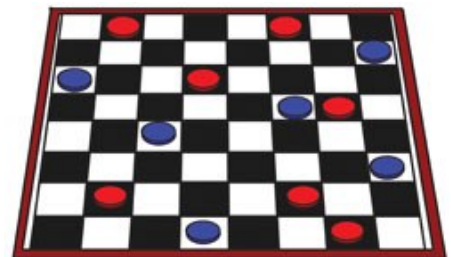
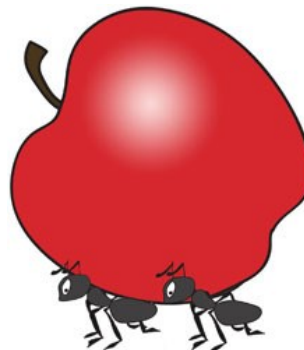
As of April 11, 2022, the Fixing Long-Term Care Act, 2021 (FLTCA) will regulate Ontario's long-term care home sector. The new Act lays the foundation for long-term care residents to receive enhanced quality of care and enjoy a better quality of life by improving staffing and care, improving accountability and enforcement; and building modern, safe, and comfortable homes for residents.

These regulations, and the policies and processes that will define them, will be implemented in a phased-in approach, and will focus on areas such as emergency planning, infection prevention and control, resident well-being and quality of care, staffing, palliative care, quality practices and accountability.

For more information regarding the FLTCA, please visit [bit.ly/3NVFBbU](https://bit.ly/3NVFBbU)

### Adult Day Programs

Due to the pandemic, our Adult Day Programs have been closed. In the next few months, the Adult Day Programs at Hillsdale Estates, Lakeview Manor and the Lakeridge Health Port Perry site will be opening. We look forward to welcoming back clients from the community.



---

# Fairview Lodge news

---

## Family Council

The Family Council Executive continues to meet and plan ways to share information with and from family members. They held two Meet and Greet sessions and have followed up with ideas shared.

The social worker is working with the Resident Care Coordinators and the Coordinator of Recreation and Therapy to help raise awareness of the details of resident dignity. The multidisciplinary focus is on resident independence, choice, appearance, and staff's commitment to respectful communication.

---

## Residents' Council

Residents' Council continues to meet monthly. The next meeting will be held on June 23. All residents are encouraged to attend.

Due to COVID-19 and the postponement of many meetings, the executive elections are postponed until 2023.

---

## Volunteer Corner

The last quarter has been very busy as we continue to introduce larger group programming and additional volunteer visits. During the month of April, 27 volunteers committed their time to assist in various areas, including one-to-one visits, opening the gift shop, bingo, crafts, evening entertainment, feeding, and portering to the hairdresser. The home has received more than 300 volunteer hours. We recently received nine applications for new volunteers and have completed interviews. Six new volunteers have completed their training and started volunteering in the home.

April was National Volunteer Appreciation Week. Each volunteer received a small gift as a token of our appreciation.

Thank you to the families, staff, and volunteers for raising more than \$1,333 for the people of Ukraine. We partnered with DMP Flowers and Gifts, located on Brock Street South in Whitby, who sold us beautiful tulips, roses, and carnations. We also sold packages of sunflower seeds.



---

## Recreation and Therapy

### St. Patrick's Day celebration

The recreation team have been busy reintroducing large group programs and special events. The St. Patrick's Day parade was huge a success. The residents and staff thoroughly enjoyed the parade and the positive energy. Residents were served green beer or green ginger ale and enjoyed a fun afternoon of dancing and singing.



We celebrated the Winter Olympics and Cinco de Mayo as well.

As the season changed into spring, our avid gardeners have begun planting seeds and planning for the planting season. This group meets every Wednesday afternoon.

New programs will be starting in the coming weeks. Young adults' group, euchre program, diners and breakfast club are just a few of the new programs being introduced. June is Seniors Month— watch for the June calendar for all the upcoming events!

## Therapy

May was National Physiotherapy Month. Physiotherapy can promote and support healthy aging. Thank you to our dedicated therapy team who continue to support our residents and their therapy needs.



## Mother's Day

To celebrate Mother's Day, residents enjoyed a spa afternoon of soothing hand soaks with bath salts and dried lavender, followed by hand massages and manicures. The afternoon was finished off with the Mother's Day photo booth and ice cream sundaes with fresh strawberries. Fun was had by all, and we couldn't have done it without our many volunteers.



---

## Nursing

### Clinical placements

We are pleased to announce we have resumed clinical placements for Personal Support Workers (PSWs), Registered Practical Nurses (RPNs), and Registered Nurses (RNs). There are many RN and RPN students who will begin their consolidation placements.

We recognize the importance and value of providing an opportunity in our community to experience long-term care, as well as expand the workforce. Thank you to our dedicated, committed staff who have welcomed the students to our home.

---

## **Environmental Services**

### **Patios and gardens**

Patio areas are now open daily from 8 a.m. to 8 p.m. for resident and family use. We are working with our new landscaping company to plan and prepare our gardens, which will be completed as weather permits.

The annual bed safety audit and preventative maintenance was completed, and all deficiencies rectified.

The Environmental Services department continues to focus on preventative infection control processes to keep COVID-19 out of the building. Our cleaning focus is from the front door to the resident's room and everything in-between.

### **Resident clothing labelling**

Please ensure new spring/summer clothing items are sent to Environmental Services for labelling before giving them to your loved one. This will ensure items are returned after laundering.

If you have any new items to be labelled, please fill out a form located in the main floor laundry room and place the items in the clear bag provided. Thank you.

### **Waste receptacles**

Please use the waste receptacles outside for the disposal of all waste, including Personal Protective Equipment (PPE), such as masks and gloves. We have been finding large amounts of discarded PPE throughout the grounds.

### **Smoking on property**

Residents and families are permitted to smoke on the property in the designated smoking area located in the gazebo at the west end of the main entrance.

Staff are reminded that smoking is not permitted on Fairview Lodge property. This includes in your vehicle while parked on the property.

---

## **Infection prevention and control**

The Ministry of Long-Term Care and Public Health have been gradually lessening the requirements for active COVID-19 surveillance among our residents. This is making it easier for residents to enjoy social absences and leave of absences.

Although mask mandates have been lifted in most public places, Fairview Lodge is subject to a masking order that is to remain in place until June 11. Further updates will be provided at that time.

---

## **Food Services**

We are pleased to announce that we implemented the new Spring/Summer menu on April 25. We hope the residents will enjoy the new homemade items that will be featured. Some of the items on the new menu are veal paprika, turkey tetrazzini, creamy mushroom artichoke pasta bake, popcorn chicken, honey garlic pork chops, veal parmesan, chicken stew, turkey meatloaf with a smoky barbecue sauce, spaghetti and meatballs, Swedish meatballs, beef pot pie, beef and cabbage casserole, sesame beef, fried eggs, sweet cornbread, white bean Florentine soup, and lemon square and blueberry citrus crisp to name a few.

We have been serving high fiber oatmeal and cream of wheat with our new menu. Each 125-milliliter serving of oatmeal provides a source of protein (10 grams), high source of fiber (five grams), vitamin B1 and is a source of Omega-3. Each 125-milliliter serving of cream of wheat provides five grams of fiber. This is a great way to start the day.

Our chefs are creating some exciting new menu items for the upcoming resident theme meals. Every third Thursday, we feature a different lunch menu. We encourage the residents to share their feedback after the meal, as the data is utilized for future menu planning. Watch the calendar for these upcoming events: May 12 is a Chinese theme, June 2 is barbecue, June 23 is a breakfast for lunch, and July 14 is an Italian theme.

I am happy to announce that starting in July, the home will have another full-time chef.

---

## **Quality**

### **Excellence in person-centered care**

The home is working on reconnecting with the residents, families, and staff through programs, committees, and events. Fairview provides program updates on our Quality Boards located near the elevators on important information about the home.

These boards will be changed quarterly to reflect different departments of the home. Please look and see what the home is working on.

We have reviewed the Resident/Family Satisfaction Survey results and are preparing plans to enhance satisfaction within the home.

### **Accreditation**

Fairview Lodge is in the process of preparing for accreditation, which will take place in January 2023. Updates will be provided when available.

Did you know that all Region of Durham long-term care homes and Adult Day Programs will be going through accreditation in the month of January 2023 with Accreditation Canada?

Accreditation is a process for organizations to examine and improve their services regularly and consistently.

Accreditation Canada measures our organization's performance against national and international standards of excellence. The accreditation process helps to build stronger teams, identify areas of strength and areas where improvement is needed.

Over the next few months, there will be education and communication for residents, families, and staff to keep you informed on the process and highlight important topic areas.

Accreditation Canada surveyors will be coming to talk to all of us, review our processes, observe our practices, and record what they see and hear.

Let's work together to show Accreditation Canada how great we are!

---

## Administration

Spring has sprung and the birds are chirping. It's such a beautiful time of year after a challenging winter. The team at Fairview Lodge has been working hard on our 2022 operational plan. One of the main focuses this year is reconnecting with residents, families, and staff. Starting in June, we will resume in-person resident care conferences that will include all disciplines. The team is looking forward to the opportunity to reconnect with families.

In April, the Ministry conducted a Ministry review. During this time, they were able to clear our outstanding Order (see posted documentation). As well, we were issued an area of non-compliance that was quickly corrected. We continue to work closely with our Infection Prevention and Control (IPAC) teams to ensure we remain out of outbreak and the residents and staff remain COVID free. I would like to thank all residents, families, and staff for their continued efforts to keep Fairview Lodge COVID free.

I hope everyone enjoys a beautiful summer reconnecting with your families, staying safe in the community and continuing to protect yourselves from COVID-19.

~John Rankin, Administrator

---

The Regional Municipality of Durham  
Social Services Department  
Long-Term Care and Services for Seniors Division

Fairview Lodge  
632 Dundas Street West  
Whitby, Ontario L1N 5S3  
905-668-5851

durham.ca



[www.twitter.com/regionofdurham](https://www.twitter.com/regionofdurham)



[www.youtube.com/regionofdurham](https://www.youtube.com/regionofdurham)



[www.facebook.com/regionofdurham](https://www.facebook.com/regionofdurham)

