

Diapering Procedure *Important Steps to Remember!*

1



- Perform hand hygiene
- Gather all supplies
- Disposable gloves are recommended for diarrhea/during outbreaks
- If applying cream/ointment, dispense portion from container using a tissue/single-use applicator

2



- Secure child on diaper table/surface, never leave them unattended
- Open soiled diaper & wipe child clean from front to back with a moist towelette(s)

3



- Discard soiled diaper, wipes, & gloves (if used)
- If hands are visibly soiled, wipe with a moist towelette(s)
- Perform hand hygiene with alcohol-based hand rub

4



- Use a tissue/single-use applicator to apply cream/ointment (if applicable)
- Diaper & dress child

5



- Wash your hands & then help the child to wash theirs
- Minimum 20 second wash using warm running water, liquid soap, & single-use towels

6



- Return child to supervised area

7



- Double-bag soiled clothing/cloth diapers & send home
- Do not rinse/wash soiled clothing/diapers at the centre

8



- Clean & disinfect the diaper change surface between each child
- **Clean** using a single-use towel & detergent solution
 - **Rinse** using clean water & a clean, single-use towel to remove soil & detergent residue
 - **Disinfect** ensuring the entire surface remains wet for the required contact time (e.g., bleach: use a 200ppm solution for a 1-minute contact time)

Note: For diarrhea/outbreaks a higher-level disinfectant solution is required (e.g., bleach: use a 5000ppm solution for a 10-minute contact time)

9



- Wash your hands again



Durham Health Connection Line
905-668-2020 or 1-800-841-2729 | Dial 311 (within regional limits)
durham.ca/childcare



If you require this information in an accessible format, contact 905-668-2020 or 1-800-841-2729.

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