



Toiletries



Heat



Hydro and water



School supplies



Transportation



Eye care

**Pressure to pay for expenses
forces low income households to
put off healthy eating**



Clothing



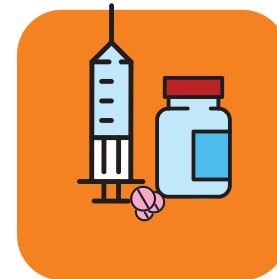
Phone & internet



Dental care



Cleaning supplies



Prescription meds



Child care