

# Hand Sanitizers



## Step 1:



Apply 1-2 pumps of sanitizer to palm of dry hand

- enough for hands to stay wet for at least 15 seconds

## Step 2:

Spread hand sanitizer over all surfaces of hands

- palms, backs of hands, between fingers, around thumbs and fingernails



## Step 3:



Continue to rub hands together until dry

**REMEMBER, hand sanitizers should only be used when hands are visibly clean. Wash hands with soap and water if hands are visibly dirty.**



Durham Health Connection Line  
905-668-2020 or 1-800-841-2729  
Dial 311 (within regional limits)  
[durham.ca/health](http://durham.ca/health)

If you require this information in an accessible format, contact 1-800-841-2729.

