

**AT THE
READY**

Nuclear Emergency Preparedness Guide

10 For people who live or work within
plus kilometres
of Nuclear Generating Stations

As someone who lives or works

more than 10 kilometres

from a Nuclear Generating Station, here are some helpful tips.

One of the most important things to remember is that you have time to act. In a nuclear emergency, you have days, not minutes, to act. Remain calm and wait for further instructions from an official source. You probably won't need to evacuate if you live more than ten kilometers from a nuclear generating station. Your main goal is to stay informed from official sources of reliable information.

Building and maintaining an emergency kit is one of the easiest ways to ensure you're prepared if you are asked to stay home for a few days, or if you need to evacuate. Gathering up supplies and important medical or personal information, then combining them into an emergency kit or Go Bag can be fun for the whole family.

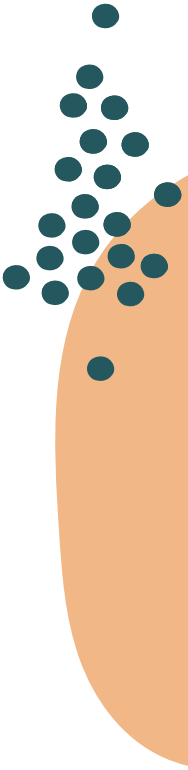
Staying in touch with friends and family is easier than ever. During an emergency, it's important that family members know where and when to meet if they're having trouble reaching each other. It's a good idea to have a family meetup plan that has both an in-town and out-of-town meeting place. A relative or friend's home are both great ideas.

Durham Region's At The Ready guide can help you plan this out.

Visit: durham.ca/Prepared.

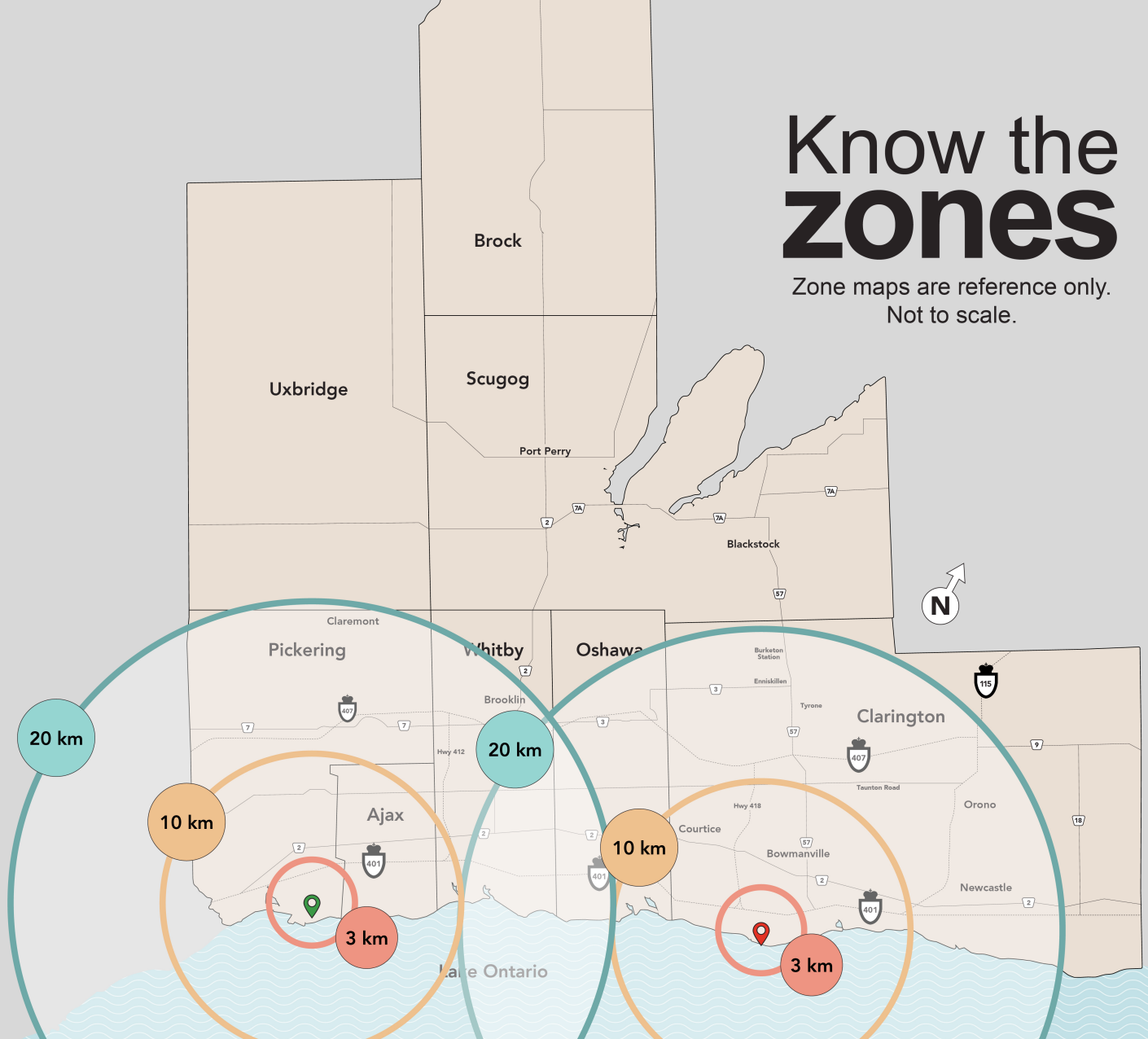
Backing up all important documents in a safe place – safety deposit box, secure cloud storage, secure memory stick, etc., is the best way to ensure easy access during an emergency. Having access to these documents could save you a lot of time if you're asked to evacuate.

You're close enough to a nuclear generating station that in the unlikely event of a nuclear emergency, you may get instructions that include sheltering in place, taking KI pills or in rare circumstances, evacuation.



Know the zones

Zone maps are reference only.
Not to scale.



Pickering Nuclear Generating Station



Darlington Nuclear Generating Station

Zone distances from
Nuclear Generating Stations

3 km

10 km

20 km

To learn more about emergency preparedness,
head over to

durham.ca/Prepared

